



Public Health
Prevent. Promote. Protect.



BRISTOL-BURLINGTON HEALTH DISTRICT

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Healthy People



Healthy Communities

Date: September 5, 2023

To: Parents of school children attending Bristol Schools

Re: COVID-19 Isolation policy

Please be advised of the following policy with which all students are to comply:

If you

Tested **positive for COVID-19**

and/or

Have COVID-19 **symptoms**



Isolate!

Stay home and away from others for **at least 5 days
(from the date tested positive or onset of symptoms)**

You are **likely most infectious during these first 5 days.**

- Wear a high-quality mask if you must be around others at home and in public.
- Do not travel or go places where you are unable to wear a mask.
- Don't share personal household items, like cups, towels, and utensils.
- Monitor your symptoms. Seek emergency medical care if you have warning signs (like trouble breathing).



Return to school or work

After day 5 if:

- Symptoms have improved or had no symptoms
- Fever-free for 24 hours (without the use of fever-reducing medication)
- Wear a well fitted mask for 5 additional days or
- If you tested negative with two antigen tests separated by at least 48 hours, you may remove your mask sooner than day 10. **Contact the school nurse, but do not send test results to school or school nurse.**

Contact your school nurse for a free COVID-19 rapid antigen test kit. Supplies are limited.

If you have any questions, please contact your child's school nurse.